

SI NING YEO

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EDUCATION

Queen's University, Canada <i>M.Sc. (Clinical Psychology)</i>	2019 –
National University of Singapore (NUS), Singapore <i>B.Soc.Sc (Psychology)</i>	2009 – 2013

AWARDS

Social Sciences and Humanities Research Council CGS-M (Award value: \$17,500)	2020
Graduate Entrance Tuition Award (Award value: \$5733)	2019
Dean's List (NUS, 2011/12, Semester 2)	2012

EDITORIAL ACTIVITY

Journal of Alzheimer's Disease (Associate Editor)	2019 – 2020
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PUBLICATIONS

- Lim, C.G., Poh, X.W., Fung, D., Guan, C., Bautista, D., Cheung, Y.B., Zhang, H., **Yeo, S.N.**, ... Lee, T.S. (2019). A randomized controlled trial of a brain-computer interface based attention training program for ADHD. *PLoS ONE* 14(5): e0216225. <https://doi.org/10.1371/journal.pone.0216225>
- Sng, W.T., **Yeo, S.N.**, Lin, B., Lee, T.S. (2019). Impacts of Apolipoprotein e disclosure on healthy Asian older adults: a cohort study. *International Psychogeriatrics*, 1-9. doi:10.1017/S1041610218002089.
- Yeo, S.N.**, Lee, T. S., Sng, W.T., Heo, M.Q., Bautista, D., Cheung, Y.B., ... Guan, C. (2018). Effectiveness of a personalized Brain-Computer Interface system for cognitive training in healthy elderly: a randomized controlled trial. *Journal of Alzheimer's Disease*. 66(1), 127-138.
- Yeo, S.N.**, Zainal, H., Tang, C.S., Tong, E.M., Ho, C.S., Ho, R.C. (2017). Success/failure condition influences attribution of control, negative affect, and shame among patients with depression in Singapore. *BMC Psychiatry*, 17(1), 285.
- Ho, C.S., Ong, Y.L., Tan, G.H.J., **Yeo, S.N.**, Ho, R.C. (2016). Profile differences between overdose and non-overdose suicide attempts in a multi-ethnic Asian society. *BMC Psychiatry*, 16(1), 379.

POSTER PRESENTATIONS

- Yeo, S.N.**, Blondin, E., Katzman, M., & Stewart, J.G. (2022). *Understanding the response to suicidal ideation in youths: how different is it from general coping?* [Poster presentation]. American Psychological Association Convention, Minneapolis, MN, USA.
- Mason, G., **Yeo, S.N.**, Auerbach, R., & Stewart, J.G. (2021). *Predicting the Trajectory of Non-Suicidal Self-Injury Among Adolescents*. [Poster presentation]. Annual Meeting of the Society for Research in Psychopathology, Virtual meeting.
- Yeo, S.N.**, Cosby, E., Esposito, E., Auerbach, R., & Stewart, J.G. (2019). *Post-discharge affect contributes to non-suicidal and suicidal behaviours in depressed adolescents*. [Poster presentation]. Annual Meeting of the Society for Research in Psychopathology, Buffalo, NY, USA.

CURRICULUM VITAE

Helps, C. E., Legg, N. K., **Yeo, S. N.**, Turner, B. J. (2019). *Let's Talk About It: Disclosure of Non-Suicidal Self-Injury in First-Year University Students*. Annual Meeting of the International Society for the Study of Self-Injury, Orlando, FL, USA.

Prud'homme, J., Torok, D., **Yeo, S. N.**, Turner, B. J. (2019). *Relationship satisfaction and substance use in first-year sexual minority students: The moderating role of rejection sensitivity*. [Poster presentation]. International Attachment Conference, Vancouver, BC, Canada.

Helps, C., **Yeo, S. N.**, Turner, B. J. (2018). *Cessation is not equivalent to recovery: Mental health in students with a history of non-suicidal self-injury*. [Poster presentation]. 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC, USA.

Yeo, S. N., Ho, C., Ong, Y. L., Tan, G., Ho, R. C. (2017). *Characteristics, Risk and Protective Factors of Overdose and Non-Overdose Suicide Attempts in Singapore*. [Poster presentation]. 29th World Congress of the International Association of Suicide Prevention, Kuching, Malaysia.

Yeo, S. N., Tang, C., Ho, R. C., & Tong, E. (2013). *Controllability as a moderating factor between depression and negative emotions*. [Poster presentation]. 4th Asian Cognitive Behavioral Therapy Conference, Tokyo, Japan.

RESEARCH EXPERIENCE

Research Coordinator

Oct 2018 – July 2019

Digital Health Lab (PI: Sam Liu)

University of Victoria, School of Exercise Science, Physical & Health Education, Canada

- Coordinated the ethics application and data collection for the multi-site study on the effects of cellphone polices on the well-being and academic performance of middle school students
- Assisted with the preparation and submission of manuscripts to academic journals
- Cleaned and managed study databases for statistical analysis.

Lab Coordinator

Jul 2018 – July 2019

Risky Behaviour Lab (PI: Brianna Turner)

University of Victoria, Department of Psychology, Canada

- Coordinated recruitment and data collection for a longitudinal study on risk-taking and self-harming behaviors in first year undergraduate students
- Prepared the ethics applications for a micro-longitudinal study on self-harming behaviors and for focus group discussions related to the lived experience of non-suicidal self-injury
- Organized focus group discussions on peer-support programs in the emergency department for individuals with Borderline Personality Disorder (BPD)
- Trained volunteer research assistants in study implementation and data management protocols.

Senior Research Assistant

Dec 2013 – Mar 2018

Brain-Computer Interface Lab (PI: Tih-Shih Lee)

Duke-NUS Medical School, Neuroscience & Behavioral Disorders Program, Singapore

- Developed personalized neurofeedback interventions with a multi-disciplinary team for:
 - Cognitive training in older adults with age-related cognitive deficits
 - Attention modulation in children with Autism Spectrum Disorder and Attention Deficit Hyperactivity Disorder
 - Arousal regulation during public speaking in adults with social anxiety
- Prepared proposals for ethical reviews and competitive research grants
- Screened and recruited ~400 participants for randomized controlled trials and qualitative studies
- Administered neuropsychological and clinical rating assessments (i.e., RBANS, MMSE, CDR, BDI)
- Co-authored abstracts and manuscripts for publication in scientific journals