

Emilia Sherifi

18ES39@queensu.ca

EDUCATION and AWARDS

Clinical Psychology at Queen's University

Doctor of Philosophy

- Ontario Graduate Scholarship (\$15,000)

Kingston, ON
September 2021 – Present
2021 – 2022

Clinical Psychology at Queen's University

Master of Science

- Ontario Graduate Scholarship (\$15,000)
- CGS-M SSHRC (\$17,500)
- Queen's University SGS Conference Travel Award (\$200)
- Queen's University Department of Psychology Conference Travel Award (\$500)

Kingston, ON
September 2019 - Present
2019 – 2020
2020 – 2021
2019 – 2020; 2020 – 2021
2019 – 2020; 2020 – 2021

Psychology at the University of Toronto

Honours Bachelor of Science

GPA in Year 3: 4.0 / 4.0; GPA in Year 4: 3.85 / 4.0

- Gwen (Neal) Hopper Scholarship ii (\$1,000)
- The Isabel Bader In-Course Scholarship iii (\$1,000)
- Dean's List Scholar
- High Distinction

Toronto, ON
September 2014 – May 2018

2016 – 2017

2017 – 2018

2018

2018

RESEARCH CONTRIBUTIONS

MASTERS THESIS

Title: Testing Associations between Impulsivity Facets and Suicidal Behaviour Among Young Adults

Supervisor: Dr. Jeremy Stewart, jstewart@queensu.ca

Institution: Queen's University; Department of Psychology

Expected Completion: November 2021

UNDERGRADUATE RESEARCH PROJECT

Title: Age Deficits in Associative Memory

Supervisor: Dr. Jennifer Ryan, jryan@research.baycrest.org

Institution: University of Toronto and Baycrest Hospital; Department of Psychology

Date Completed: August 2017

POSTER PRESENTATIONS

1. Fotinos K., Fine A., Yu L., Iler K., **Sherifi E.**, Lokuge S., Sisemore T., & Katzman M.A. (2018, September 27 – 29). The Relation Between Religious Beliefs, Intolerance of Uncertainty, and Hedonic Tone: Implications for Counselling Outcomes [Poster presentation]. Canadian Psychiatric Association, Toronto, Canada.
2. Fotinos K., Lokuge S., **Sherifi E.**, Khan Z., Drury S., Sternat T., Epstein I., Szpindel I., Cameron C., & Katzman M.A. (2018, November 17). Increased Avoidance-Related Distress in Patients with PTSD Comorbid with ADHD [Poster presentation]. Ontario Psychological Association, Toronto, Canada.
3. **Sherifi E.**, Lokuge S., Fotinos K., Khan Z., Drury S., Sternat T., Epstein I., Szpindel I., Cameron C., & Katzman M.A. (2019, January 18 – 20). Undetected Trauma in a Clinical Population of Adults with ADHD [Poster presentation]. American Professional Society of ADHD and Related Disorders, Washington, D.C., USA.
4. Lokuge S., **Sherifi E.**, Fotinos K., Khan Z., Drury S., Sternat T., Epstein I., Szpindel I., Cameron C., & Katzman M.A. (2019, January 18 – 20). Avoidance Behaviour in Patients with Comorbid ADHD and PTSD [Poster presentation]. American Professional Society of ADHD and Related Disorders, Washington, D.C., USA.
5. **Sherifi E.**, Fotinos K., Lokuge S., Sternat T., Epstein I., Szpindel I., Cameron C., Katzman M.A. (2019, March 28 – 30). Distress as a Function of Avoidance in PTSD and ADHD Patients [Poster presentation]. Anxiety and Depression Association of America, Chicago, USA.

6. **Sherifi E.**, Fotinos K., Lokuge S., Epstein I., Sternat T., Stewart J., Katzman M.A. (2019, September 19 - 21). Intolerance of Uncertainty in Adults with Attention Deficit Hyperactivity Disorder [Poster Presentation]. Society for Research in Psychopathology, Buffalo, USA.
7. Gratch, I., Bell, K.A., Pollak, O.H., Guzman, E., Stewart, J., **Sherifi, E.**, & Cha, C.B. (2020, November). Suicidal ideation during the COVID-19 pandemic: Examining a diverse sample of adolescents and young adults [Poster presentation]. Special Interest Group Exposition of the 54th annual meeting of the Association for Behavioural and Cognitive Therapies, Philadelphia, PA.
8. **Sherifi, E.**, Khanna-Roy, A., Okusanya, G., Gratch, I., Cha, C.B. & Stewart, J. (2021, May 6- 9). Differences in Suicidal Outcomes Across Race/Ethnicity and Gender during COVID-19 [Poster presentation]. Canadian Stress Research Summit, Virtual Conference.
9. **Sherifi, E.**, Rowed, G., Stewart, J. (2021, September 23 - 26). Understanding Impulsivity Facets and Suicidal Behaviour among Young Adults [Poster presentation]. To be presented at the Annual meeting of the Society for Research in Psychopathology, Virtual Conference.
10. Bell, K.A., Gratch, I., **Sherifi, E.**, Stewart, J.G., & Cha, C.B. (2021, November). Exploring racial and ethnic disparities among adolescents and young adults during the COVID-19 pandemic [Poster Presentation]. To be presented at the Association for Behavioral and Cognitive Therapies Annual Meeting, New Orleans, LA.

PAPER PRESENTATIONS

1. Stewart, J.G., Rowe, M., Danielson, S., **Sherifi, E.**, Yeo, S. N., Dalmaijer, E., & Armstrong, T. A. (2020) Distinguishing suicide ideators and attempters: The critical role of fearlessness about death. Paper accepted for presentation at the annual meeting of the Canadian Psychological Association. Virtual Conference.
2. Stewart, J. G., Nancekivell, B., Rowe, M., Gadkar, D., **Sherifi, E.** & Allen, K. J. D. (2021). Depression is associated with loss-averse decision-making in the context of interpersonal stress. [In Rnic, K. & Lemoult, J. (Chairs). Stress reactivity in depression across the lifespan: Examining cognitive, behavioral, and biological processes.] Paper accepted for presentation at the Anxiety and Depression Association of America Annual Meetings. Virtual Conference.

PUBLICATIONS

1. Katzman M.A., Fotinos K., Armata S., Lokuge S., **Sherifi E.**, Canzonieri A., Sternat T., & Epstein I. (2019). Attention Deficit Hyperactivity Disorder and its Effects in the Canadian Workplace. *EC Psychiatry and Psychology*, 8(4), 278-288.
2. Lokuge S., Charris C., Spagnolo C., Fine A., Fotinos K., **Sherifi E.**, Lodzinski A., Sternat T., & Katzman M.A. (2019). Towards a Secular Approach to Spirituality in Psychotherapy. *EC Psychology and Psychiatry*, 8(6), 564-573.
3. Katzman M.A., **Sherifi E.**, Fotinos K., Lokuge S., Sternat T., Epstein I. Avoidance-related distress in patients with PTSD and ADHD (Abstract). 7th World Congress on ADHD: From Child to Adult Disorder. (2019). *ADHD Attention Deficit and Hyperactivity Disorders*, 11(1), 1–89. <https://doi.org/10.1007/s12402-019-00295-7>
4. Sternat T., Fotinos K., Lokuge S., **Sherifi E.**, Epstein I., Katzman M.A. Examining the Role of Chronic Anhedonia as a Transdiagnostic Risk factor for ADHD, treatment-resistance, and suicidal behaviour in patients with generalized anxiety disorder (Abstract). 7th World Congress on ADHD: From Child to Adult Disorder. (2019). *ADHD Attention Deficit and Hyperactivity Disorders*, 11(1), 1–89. <https://doi.org/10.1007/s12402-019-00295-7>
5. Dixon, L., Fotinos, K., **Sherifi, E.**, Lokuge, S., Fine, A., Furtado, M., Anand, L., Liberatore, K., & Katzman, M.A. (2020). Effect of Osteopathic Manipulative Therapy on Generalized Anxiety Disorder. *The Journal of the American Osteopathic Association*, 120(3), 133.

PUBLICATIONS IN PREPARATION

1. Liu Z., **Sherifi E.**, Petryschuk J., & Ryan J. Age Deficits in Associative Memory.

2. Iorio C., Yu Julia., Throop A., **Sherifi E.**, Fotinos K., Lokuge S., Tan JCH., & Katzman M.A. Sex Differences in the Relationship Between Pain Coping Strategies and Pain Experience in a Depressed Population.
3. Correa A., **Sherifi E.**, Fotinos K., Fine A., Nasiri K., Katzman MA. Intolerance of Uncertainty, Perfectionism, and Coping as Predictors of Depression.

SCHOLARLY REVIEWS

1. Co-reviewer for PLOS-ONE (2020)
2. Co-reviewer for Archives of Suicide Research (2020)

RESEARCH EXPERIENCE

Ryan Lab, Rotman Research Institute

Toronto, ON

Research Assistant

May 2016 – June 2018

- Completed an independent research project titled “Aging Effects in Associative Memory” which is currently in preparation for submission
- Aided in the development and implementation of 2 separate research projects involving the use of eye-tracking technology
- Performed literature searches, developed test stimulus, recruited participants, and analyzed data using EyeLink Dataviewer and SPSS
- Managed and coordinated the training of 5+ volunteers for: administration of eye-tracking studies and Montreal Cognitive Assessment, and use of SPSS

Grusec Developmental Lab, University of Toronto

Toronto, ON

Summer Student Research Assistant

May 2015 – August 2015

- Recruited participants including both younger and older adults
- Helped develop an online database for the organization of participants and their relevant demographics
- Administered scripted studies utilizing the implicit association task, as well as online surveys
- Coded parent-child survey data as they related to Domains of Socialization

CLINICAL EXPERIENCE

Queen’s University Psychology Clinic

Kingston, ON

Supervisor: Dr. Stephanie Boyer

September 2020 - January 2021

- Developed competency in Telepsychology
- Observed consultations, and engaged in case conceptualization for the Perinatal Mental Health Service
- Conducted individual therapy with young adults using the PEERS ASD Social Skills program manual
- Synthesized information from consultations, and weekly individual and group sessions into clinical notes
- Participated in weekly individual and group supervision meetings

Child and Adolescent Mental Health Division, Hotel Dieu Hospital

Kingston, ON

Supervisor: Dr. Jennifer Davidson

January 2021 - May 2021

- Co-Facilitated the Managing Powerful Emotions (DBT) group therapy program for adolescents (14-16 y/o)
- Observed individual psychotherapy sessions (CBT and DBT inspired)
- Conducted individual therapy (CBT and DBT inspired)
- Participated in weekly supervision meetings involving discussion of ethical considerations, and treatment planning
- Synthesized information from weekly individual and group sessions into clinical notes
- Observed and completed initial consultations via TelaHealth
- Participated in weekly meetings with allied staff to discuss challenging cases, and hospital proceedings

Perinatal Mental Health Service (PMHS), Queen’s Psychology Clinic

Kingston, ON

Service Coordinator

December 2021 - Present

- Complete telephone assessments and triage clients to relevant services as needed
- Organize and maintain records related to referrals, group therapy programs, and other services within the PMHS
- Participate in weekly individual and/or group supervision meetings with Dr. Stephanie Boyer and other students

WORK EXPERIENCE

Queen’s University

Kingston, ON

Teaching Assistant

1. Applications and Careers in the Psychological Sciences (PSYC204)	January – May 2020
2. History of Modern Psychology (PSYC397)	January – May 2020
3. Developmental Psychology (PSYC251)	May 2021 – August 2021
4. Principles of Psychology (PSYC100)	September 2020 – May 2021; Present
5. Advanced Clinical Child Psychology	Present

START Clinic for Mood and Anxiety Disorders

Toronto, ON

Research Coordinator

July 2018 – August 2019

- Administration and scoring of psychometric tools to aid in the diagnoses of mental disorders. Assessments include: Mini International Neuropsychiatric Interview 7.0, Yale Brown Obsessive Compulsive Scale, Clinician-Administered PTSD Scale, Neurocognitive Assessment Battery, Diagnostic Interview for ADHD in Adults
- Generated 300+ clinically-relevant hours (conducting assessments, debriefing with psychiatrists)
- Preparing abstracts, posters, and presentations for conferences including: Canadian Psychiatric Association, Ontario Psychological Association, American Professional Society of ADHD and Related Disorders, Anxiety and Depression Association of America
- Administratively and clinically managing the completion of an average of 6 - 8 research projects including clinical trials, and collaborations with diverse groups (University of Toronto Engineering Department, CAMH)
- Writing manuscripts for publication and related tasks including: data entry, literature searches and statistical analysis
- Preparing research protocols, ethics submissions, and applications for research grants
- Hiring and management of 5+ volunteers including: screening resumes, phone interviews, onboarding, training, task assignment, scheduling, and writing references

The Learning, Engagement and Attention Lab, Ontario Institute for Studies in Education

Toronto, ON

Summer Research Student

June 2017 – August 2017

- Gained familiarity with scoring cognitive assessment tools for intelligence and ADHD in school-grade children; including: Wechsler Abbreviated Scale of Intelligence, Woodcock Johnson IV Tests of Achievement, Comprehensive Test of Phonological Processing, and Test of Memory and Learning
- Helped develop a scoring index assessing dimensions related to high/low-quality writing ability, which I subsequently used to score ~ 150 essays completed by high-school students with and without ADHD

ACADEMIC AND COMMUNITY SERVICE

Clinical Area Representative

Kingston, ON

Department of Psychology, Queen's University

May 2021 – Present

Distress Centre

Toronto, ON

Crisis Responder

June 2018 – August 2018

Varsity Student Newspaper, University of Toronto

Toronto, ON

Columnist

September 2015 – September 2016

PROFESSIONAL SOCIETIES

Society for Research in Psychopathology

2019 - 2022

Associate Member

American Professional Society of ADHD and Related Disorders

2019

Associate Member

Anxiety and Depression Association of America

2019

Associate Member

SKILLS

Skills: Proficient with Microsoft Office and SPSS, experience using an eye-tracker and EyeLink Dataviewer (SR Research), can confidently administer and score the Wechsler Adult Intelligence Scale, Wechsler Intelligence Scale for Children, Montreal Cognitive Assessment, MINI International Psychiatric Interview, Yale Brown Obsessive Compulsive Scale, Clinician-Administered PTSD Scale, Neurocognitive Assessment Battery, and Diagnostic Interview for ADHD in Adults.